



Image by Sr Dorothy Woodward rsj

Saint Mary of the Cross MacKillop Parish, Warnervale.

We gather as a community of believers in Jesus,
to grow as his disciples,
using our gifts, to proclaim the Gospel

THE MOST HOLY TRINITY 31ST MAY 2026, YEAR A

Diocese of Broken Bay
Ancestral home of the
Darkinjung people

Readings: Ex 34:4-6, 8-9
2 Cor 13:11-13;
Jn 3:16-18
Response:
Glory and praise for ever!

Alleluia, alleluia!
Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.
Alleluia!

Reflection

The Solemnity of the Most Holy Trinity reminds us of the mystery of God's love revealed as Father, Son and Holy Spirit. Through the Trinity, we experience God who created us, redeemed us and continues to guide us each day. May we be inspired to live in the love and unity that is at the heart of the Trinity.

Understand the Church

1. Common Gestures and Postures

The Catholic assembly moves through specific, unified postures during the liturgy to symbolize different spiritual attitudes.

- **Genuflecting:** Bending the right knee to the floor while facing the Tabernacle or Altar. This is done as a sign of deep reverence to the Real Presence of Christ in the Eucharist. The bishops and priests genuflect or take a deep bow before the Altar, and kiss the Altar before and after the Mass which represent Christ.
- **Making the Sign of the Cross:** Touching the forehead, chest, and shoulders to invoke the Trinity and recall one's Baptism. Done upon entering the church (often after dipping fingers in Holy Water), at the beginning of any liturgical celebration, before the Gospel, and at the final blessing.
- **Bowing:** A profound bow (from the waist) is made toward the altar if the Blessed Sacrament is not present. The readers bows to the Altar before they go up

the Lectern. A simple head bow is made when naming the Trinity, Jesus, or Mary, and during the Creed at the words "by the Holy Spirit... and was made man."

- **Kneeling:** Represents penitence and adoration. The universal norm is to kneel during the Eucharistic Prayer (from the *Sanctus* to the Great Amen).
 - **Standing:** Signifies joy, vigilance, and the Resurrection. The congregation stands during the opening procession, the Gospel reading, the Creed, and the Prayers of the Faithful.
 - **Sitting:** A posture of listening and meditation, generally observed during the first reading, the responsorial psalm, the second reading, and during the homily.
 - **Striking the Breast:** Often done during the *Confiteor* (the penitential act) at the phrase "through my fault, through my fault, through my most grievous fault," acknowledging personal sinfulness.
- Incensing :** It is done with the Thurible as a symbol of sanctification, ascending prayer and divine worship. The main celebrant of the Mass on special occasions incense the altar at the start of the Mass, book of the gospel before it is read, and the gifts (bread and wine) and the altar after the preparations of gifts on the altar. A Deacon or a senior server incense the main celebrant and the concelebrant separately and finally the entire congregation gathered for the Mass. Everyone bows after their turn of incensing.

Sunday Mass

Sat (Vigil) 5pm,
Sun 8am, 10am, 5pm

Family Mass

Every Sunday at 10am
Includes Children's Liturgy

Weekday Mass

Mon 7:30am
Tues, Thurs, Fri & Sat
9.15am
Wednesday 8:45am

Monthly BBQ

4th Sunday of each month
after 5pm Mass

Devotions

Rosary after weekday Mass
Tues 6pm Rosary

St Joseph's Men's Group

2nd & 4th Wednesday at 7pm

Anointing Mass

3rd Saturday of the Month
at 9:15am

Reconciliation

Sat 4pm - 4.45 pm

Baptisms

Sunday 11.30am Contact the
Parish Office for details.

Baptisms Preparation

3rd Tuesday of each month at
7pm in the church

Weddings

By appointment

Exposition of the Blessed Sacrament

Tues to Sat/ 8am to 9am

Parish Luncheon

2nd Thursday of the month
12noon at The Ary (Ziva),
Main Rd, Toukley

Men's & Women's Breakfast

4th Saturday of the month at
8am at Warnies Café.

Syro-Malabar Mass

1st Friday at 6pm
1st & 3rd Sunday at 7pm

Parish Priest: Fr Philip Thottam MSFS (philip.thottam@bbcatholic.org.au)

Assistant Priest: Fr Joshi Naduppura CFIC (joshi.naduppura@bbcatholic.org.au)

Secretary: Kim McCarthy

Church: Cnr Minnesota & Sparks Rd, Woongarrah

Telephone: 8379 1740

Office email: warnervaleparish@bbcatholic.org.au

Office hours: Tues—Fri 8:30am—3:00pm

Bank Details: Account Name: St Mary MacKillop Parish, Account # 10000 5628, BSB: 062-784

Parent Engagement Co-ordinator: Lucy Marien Tuesday, Wednesday, Thursday (lucy.marien@dbb.catholic.edu.au)

Safeguarding: When safeguarding is embedded in Parish leadership, governance and culture; members of the Parish recognise that it is a shared responsibility to safeguard children, young people and adults at risk.

'Safeguarding is everyone's responsibility'

If you have any concerns please contact our Safeguarding officer - Bill Mifsud (bill@earthgold.com.au) 0412 051 839

MacKillop Formation Retreat

On behalf of the parish community, we extend our sincere thanks to the school community for organising such a wonderful Formation Retreat Day last weekend.

The retreat was attended by many members of both the parish and school communities and provided a meaningful opportunity for faith, fellowship, and formation. The day included inspiring talks and workshops, and concluded beautifully with Mass. Thank you to everyone who contributed to making the day such a memorable and enriching experience.

Rosary Prayer Group

Come pray with us for our families, the parish and the world, every **Tuesday at 6pm in the Church.**

June 2026: The prayer meetings will be held on **Thursday 11th and 25th June at 7:00pm**, at the home of **Bill and Dianne**, 56 Irving Court, Hamlyn Terrace. For further information, please contact Dianne on 0413 454 547. All are most welcome to attend.

Salesian Thought

When you come before the Lord, talk to Him if you can; if you can't, just stay there, let yourself be seen, and don't try to be too hard to do anything else.

[Letter to Mademoiselle de Soulfour]



Pope Leo's Prayer Intention for MAY

That everyone might have food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.



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Holy Shroud Exhibition



From 7–14 June, St Mary's Church will host a replica of the Shroud of Turin and replicas of the instruments of the Passion, presented by Aid to the Church in Need.

For bookings and information: [Try-Booking Event Page](#) or [That Catholic Shop – Holy Shroud Exhibition](#) For further information, please visit www.thatcatholicshop.com/

Pastoral Works, Broken Bay (PWBB) Appeal

Envelopes for PWBB are available at the back of the Church. To give parishioners an opportunity to donate to PWBB until the end of the financial year.

Donations of \$2 or more are tax deductible. Our parish is required to raise \$4,600 in order to meet our annual quota of \$16,551 for this year.

We sincerely thank you for your prayerful and generous support of this appeal, which continue the mission of the Church through pastoral care and support of our community.

MacKillop Online Newsletter



Please scan the QR code to subscribe to our weekly email *MacKillop Online* newsletter, sent each Friday.

Find us on Facebook

Keep up with parish happenings on Facebook at [St Mary of the Cross MacKillop Parish, Warnervale](#), please "like" our page.



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SAINTS DAYS

Monday 1 June
St Justin
Tuesday 2 June
Wednesday 3 June
St Charles Lwanga
Thursday 4 June
Friday 5 June
St Boniface
Saturday 6 June

Return and Earn

This week we raised \$33.60



Thank you to everyone who continually supports our Return and Earn fundraising project and commitment to sustainability and environmental responsibility for our community.

Please remember:

- ♦ containers need to be empty of all liquid;
- ♦ not crushed or broken;
- ♦ labels must be on the containers;
- ♦ No wine bottles or spirit bottles.
- ♦ Please place glass bottles in crates

Thank you for your continued support!



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Please remember our sick: Hetti Damanik, Cesar Raque Martinez, Edgar Ramon Savichez, Vincent Abela, Corazon Armonio, Julie Granero, Mary Swift, Alan Smith, Anne Levett, Ivan Dzido, Barry Bateson, Chiara Wallace, Jo O'Loughlin, Cecelia Henry, Joset Gatt, Sheila Marquez.

Anniversaries: Finn McConnon, Donald Hacker, Grahame Lesha, Father Tony Reynolds, and Charles Firmstone, Alejandro Mabaquiao Jnr, Deacon Jim Caulfield, Dinoi Scania, Cecil Robert.

Recently Deceased: Maria Grundy, Roslyn Smith, Antonio (Tony) Macapagal, Angela Polito, Fr David Taylor, Emmanuel De Battista, Pamela Jennings, Adolphe Parfait, Lynette Desforges.



The Most Holy Trinity, Year A

First Reading:

Book of Exodus 34:4-6, 8-9

The Lord God, ruler of all, merciful and loving

With the two tablets of stone in his hands, Moses went up the mountain of Sinai in the early morning as the Lord had commanded him. And the Lord descended in the form of a cloud, and Moses stood with him there.

He called on the name of the Lord. The Lord passed before him and proclaimed, 'Lord, Lord a God of tenderness and compassion, slow to anger, rich in kindness and faithfulness.' And Moses bowed down to the ground at once and worshipped. 'If I have indeed won your favour, Lord' he said 'let my Lord come with us, I beg. True, they are a headstrong people, but forgive us our faults and our sins, and adopt us as your heritage.

The word of the Lord.

Responsorial Psalm

1. You are blest, Lord God of our fathers.
R. Glory and praise for ever!
Blest your glorious holy name.
R. Glory and praise for ever!
2. You are blest in the temple of your glory.
R. Glory and praise for ever!
You are blest on the throne of your kingdom.
R. Glory and praise for ever!
3. You are blest who gaze into the depths.
R. Glory and praise for ever!
You are blest in the firmament of the heaven.
R. Glory and praise for ever!

The Most Holy Trinity, Year A

Second Reading

Second letter of St Paul to the Corinthians 13:11-13

The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

Brothers, we wish you happiness; try and grow perfect; help one another. Be united; live in peace, and the God of love and peace will be with you.

Greet one another with the holy kiss. All the saints send you greetings.

The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

The word of the Lord.

Gospel Acclamation

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit:
to God, who is, who was, and who is to come.

Alleluia!

Gospel Reading

John 3:16-18

God sent his Son to save the world through him.

Jesus said to Nicodemus,

‘God loved the world so much
that he gave his only Son,
so that everyone who believes in him may not be lost
but may have eternal life.

For God sent his Son into the world
not to condemn the world,
but so that through him the world might be saved.

No one who believes in him will be condemned;
but whoever refuses to believe is condemned already,
because he has refused to believe in the name of God’s only Son.’

The Gospel of the Lord.